

## TOMATOES – SLICING/SALAD

**Aunt Ruby's German Green** HL, OP, Our Favorite  
Green fruits blush yellow with a bit of pink on the blossom end when ripe. Flavor is sweet and tart. Good for sandwiches. Aunt Ruby's also makes a good base for salsa verde. Ruby Arnold got the seed from her grandfather who brought it from Germany.

**Black Krim** HL, OP, Our Favorite  
One of the ugliest, tastiest tomatoes around. Prone to catfacing and the shoulders always crack. The dark, reddish purple fruits have green shoulders and are a deep dark red inside. Very Juicy. This tomato comes from Krymsk on the Black Sea in Russia. Polly's favorite.

**Black Prince** Container, HL, OP  
Originally from Siberia, this tomato has gained in popularity over the last several years. These deep garnet round, 2-inch (2-3 oz.) tomatoes are full of juice and incredibly rich fruity flavors. The small fruits contain deep rich colors on the inside. Perfect for patio gardens. Less prone to cracking than Black Krim.

**Black Trifele** HL, OP  
Good yields of 4-6 oz. fruit with excellent, rich flavor. Harvest when shoulders are still green for best taste.

**Cherokee Purple** HL, OP  
Originally from Tennessee, fruits are dusky brownish purple with dark green shoulders and brick-red flesh. A sweet, juicy tomato that some people claim is a bit smoky.

**Cosmonaut Volkov** HL, OP, Our Favorite  
This Ukrainian tomato wins taste test after taste test. Perfect blend of sweet and tart, with a rich complexity. Fruits can range from 8-12 oz and are slightly flattened with a healthy red color and moderately green shoulders. Prone to cracking in wet conditions. Produces high yields, especially in cool conditions. An excellent "introductory" heirloom variety for beginner gardeners. Polly's favorite salad tomato.

**Garden Peach** HL, OP, Storage  
Originally from France, Garden Peach was introduced in the U. S. in 1862. Small yellow fruits blush pink when ripe and have thin fuzzy skins. When I sell these at the market, some people think they are peaches. They are juicy and have a mild sweet flavor. Green fruit can be picked just before frost and will keep indoors for several months, slowly ripening.

**German Johnson** HL, OP  
Probably from Virginia or North Carolina. This large regular-leaf plant, one of the parents of Mortgage Lifter, is known for its copious yields of pink meaty fruits, mild but with more than a touch of sweetness. They often exceed 1 lb.

**Glacier** Container, HL, OP  
A very early potato-leaf variety that flowers when it is only 4-inches tall then sets loads of very flavorful 2 to 3-ounce, round, red tomatoes. Good flavor. We usually start harvesting Glacier usually during the second week in July. Determinate vines do well in small spaces or containers.

**Goldie Yellow** HL, OP  
Deep orange beefsteak fruits average 1 to 1½ pounds. Sweet and meaty. Catfaces easily but rarely splits. This tomato dates from the 1870's.

**Green Zebra** HL, OP  
Developed in 1985 by tomato breeder Tom Wagner, this is an unusual and exquisite green tomato. The 2-inch round fruit ripens to a yellow-gold with dark-green zebra-like stripes. The flesh is lime-emerald in color that has an invigorating lemon-lime flavor.

**Kellogg's Breakfast** HL, OP  
West Virginia heirloom obtained from Darrell Kellogg of Redford, Michigan. Large orange beefsteak fruits weigh 1-2 pounds. Delicious rich flavor with a good acid/sugar balance.

**Mortgage Lifter** HL, OP, Our Favorite  
One of the first heirloom varieties we grew. A good-sized tomato that doesn't crack. Juicy, good flavor. Great for salads and sandwiches. In the 1930's, Charlie Byles paid off his \$6,000 mortgage by selling these tomatoes.

**Mountain Princess** Container, HL, OP  
68 days. Grown for generations in the Monongahela National Forest region of West Virginia. Fruits are 8-10 oz, orange-red and perfectly round with a mild tomato flavor. Very productive plants bear quick and early. Works well in containers.

**Nepal** HL, OP  
A good tasting moderately early tomato. Fruits average half a pound but are not uniform in size. Good producer all season long.

**Paul Robeson** HL, OP  
Great flavored black tomato, slightly sweet. Very little cracking and splitting. This tomato comes from Russia.

**Pink Brandywine** HL, OP  
Introduced in 1889, Brandywine is the tomato that was responsible for the rediscovery of heirloom tomatoes. It can be difficult to grow, with catfacing and splitting, but the flavor is worth the effort. Rich and full flavor beefsteak tomato.

**Pruden's Purple** HL, OP, Our Favorite  
Looks and tastes like Brandywine, but Pruden's is more productive and easier to grow. This is one of first heirloom tomatoes we grew and is a dependable producer. A good heirloom for beginners.

**Rose de Berne** HL, OP  
A delicious Swiss heirloom: dark pink with soft meaty flesh. Beautiful quality, looks, and taste. Pink, round, and uniform. Simply excellent. Discovered in a market in Arles, France from a farmer growing several old tomato varieties. Very rich flavor, good acid and sweetness, really delicious. Small 4-to-6-ounce fruits.

**Rose** HL, OP  
Very sweet, juicy, and HUGE! Makes a great breakfast tomato. Good with eggs and bacon. Also, a great choice for BLTs, gazpacho, and tomato juice.

**Ruby Gold** HL, OP  
Ruby Gold produces prolific beautiful huge, red-streaked yellow fruits with marbled interior flesh, meaty with superb mild sweet flavor, smooth melting texture and not a bit of acidity. Similar to Striped German, but much bigger. Fruits average 2 to 3 pounds. Introduced by John Lewis Childs of Floral Park, NY, in 1921.

**Striped German** HL, OP, Our Favorite  
If you are looking for a sweet tomato, look no farther. Very sweet and juicy orange/red tomato with thin skins. The streaking you see on the skin is also found inside the flesh. Skins are thin. Shoulders crack but don't split open. Our favorite for BLTs or just eating in the field.

**Summer Sunrise** Container, HL, OP  
Each plant yields a nice quantity of medium-sized pale-yellow fruits with a pink starburst. Flavor is incredible: tart, sweet, and full. Its dwarf habit makes it great in smaller spaces, such as container or rooftop gardens.

**Tang** Container, OP  
Tasty orange slicer with high levels of beta carotene for a nutritional boost! Tang comes from the orange field tomato breeding program at the University of New Hampshire. Fruit are reddish-orange in color. Great flavor. Fruit averages 8-10 oz. This tomato shows good blight resistance in our field. Also, a good container tomato.

**Trucker's Favorite** HL, OP  
First introduced to gardeners around 1912. Uniform 3" pink globes grow in clusters of 3-4. Excellent flavor. Productive plants with good blight resistance.

**Valencia** HL, OP

This round, smooth fruit with a brilliant orange uniform color weighs around 8-10 oz. It is a mid-season tomato that grows well in northern and cooler climates. The tomato has an excellent, full, complex tomato taste, with a great balance of acidic and sweet. It is a family heirloom from Maine.

**Yellow Brandywine** HL, OP, Our Favorite

This is one of Jay's favorite tomatoes. Tastes just like a Red Brandywine with full tomato flavor but has fewer cracks.

## TOMATOES - CHERRY

**Black** HL, OP, Our Favorite

This is Jay's favorite heirloom cherry tomato – sweet and meaty, reminiscent of a plum. They split easily, so a lot of them get eaten in the field. The plants themselves are not as productive as other cherry tomatoes, and the fruit's dark color makes for difficult picking, but their exceptional flavor more than makes up for it.

**Matt's Wild** HL, OP

These small cherry tomatoes are packed with more taste than you can believe. 5/8- 3/4", deep red, round fruits have a tender, smooth texture, and loads of sweet, full flavor. High sugar content. These plants show a resistance to late blight.

**Peacevine** HL, OP

So named because of the high amino acid content which has a calming effect on the body. According to Seeds of Change, this indeterminate variety had the highest Vitamin C content among 30 varieties of cherry tomato analyzed by Rutgers University. Fruits are large for a cherry tomato and easy to pick.

**Sungold** F1 Hybrid, Our Favorite

Our most popular cherry tomato, Sungold has a rich, fruity flavor. The only hybrid tomato worth growing (Polly's opinion). They crack and split easily, especially after a heavy rain. When we pick these tomatoes for market, the rule is that all splits must be eaten in the field. It is a rule that isn't difficult to enforce.

**Tommy Toe** HL, OP

An heirloom variety from Australia. Exceptionally vigorous plants yield hundreds of large red cherry tomatoes throughout the season. Indeterminate, 70 days from transplant.

## TOMATOES - PASTE

**Amish** HL, OP

A good flavored tomato, also makes a good sauce. Does not crack or split. This heirloom comes from Wisconsin from around 1900.

**Black Icicle** HL, OP

Stunning, perfectly shaped, deep purplish brown (almost black) fruit, great for both home gardeners & chefs. This tomato has the incredibly rich taste that is in many of the large, dark beefsteak types: sweet, rich with earthy overtones. From Ukraine.

**Blue Beech** HL, OP, Our Favorite

Jay's most favorite paste tomato. Sweet, meaty fruits make a rich, thick sauce that doesn't turn bitter when cooked. The seed made its way to Blue Beech Farm in Danby, VT from Italy during World War II. Seed has been difficult to get over the last 3 years, so we are saving this seed here at Four Winds Farm.

**Orange Banana** HL, OP

Don't let the color fool you. This is a high acid tomato, with mild tomato flavor. The thick meaty flesh makes an interesting and good tasting colored tomato sauce. Also good for drying.

**San Marzano** HL, OP

For canning, paste, and spaghetti sauce, it's hard to beat San Marzano. A traditional heirloom paste tomato from the Campania region of southern Italy.

**Speckled Roman** HL, OP

Gorgeous 5" long fruits with jagged orange and yellow stripes. Meaty flesh with few seeds. Great tomato taste, ideal for processing and fresh eating. Very productive.

# PEPPERS & EGGPLANT

## HOT PEPPERS

### Ancho (Poblano) HL, OP

Plant produces good yields of large 6" long medium hot peppers. Peppers turn from dark shiny green to deep red when mature. When fresh and green, referred to as Poblano peppers and used for chilis relleños (Mexican stuffed peppers); when ripe and dried, called Ancho peppers. From Mexico.

### Czech Black HL, OP

A most beautiful vegetable. Black when immature, the 2-1/2" long conical fruits ripen to a lustrous garnet. Mild juicy flesh runs with a cherry red juice when cut. The heat is a tad less than a jalapeño.

### Fish HL, OP

Fish has distinctive green and white mottled foliage and striped fruits. They turn from white with green stripes to orange with brown stripes to red, packing considerable heat and full-bodied flavor. By 1900, Fish was extensively grown by the African-American community around Philadelphia and Baltimore. A beautiful pepper!

### Hot Portugal HL, OP

Listed in the 1935 Joseph Harris catalog. Bears elongated narrow fruits, 5-8" long, 1" in diameter with the classic wrinkled hip at the stem end. Superb pepper flavor comes through its considerable heat nicely.

### Early Jalapeño HL, OP

Just 3 to 4 inches long and about 1 1/2 inches wide, these cone-shaped, thick-walled fruits are borne in great numbers on very vigorous plants. Versatile - can be used in any recipe where moderate heat is required. They are ready to pick when dark green.

### Magnum Orange Habañero HL, OP

Uniformity and productivity are top notch, producing loads of shiny scorching peppers. Plants are tall, well branched and tolerant of cool conditions, ensuring maturity in cooler climates like the Northeast. Blisteringly hot Scotch Bonnet/Habañero type.

### Shishito HL, OP

Finding these peppers in stores is difficult; growing your own is easy, inexpensive, and allows you to binge each summer on a very special treat. Flavorful, with a tinge of spicy flavor and almost burn. Fry or roast to blister, then salt for the perfect savory snack.

### Thai HL, OP, Container

This hot pepper is both ornamental and delicious on a small plant. The plants can fit in window boxes or planters. The small peppers grow to about 1.5" long and ripen from green to red. Thai Hot peppers are quite hot.

### Feher Ozon HL, OP

Incredibly productive open-pollinated Hungarian heirloom sets up to two dozen light yellow fruits per plant. Once they ripen to bright red, the peppers can be dried and ground into a delicious sweet paprika.

## SWEET PEPPERS

### Chocolate Cake OP

A reliable producer even in a bad year. Plants produce good yields of beautiful rich chocolate brown sweet bell pepper. Excellent for salads, stuffing, or cooking.

### Cubanelle OP

Plants produce good yields of 5 1/2" long by 2 1/2" wide sweet peppers. Peppers turn from light green, to yellow, to orange, to red when mature. One of the best frying peppers on the market.

### Doe Hill Container, HL, OP

Doe Hill is a golden bell for the rest of us - sweets, thick flesh like other golden bells but much easier to grower and quicker to ripen. Compact plants yield large quantities of globe shaped fruit. Excellent in salads, stuffed, or vegetable platters.

### Jimmy Nardello HL, OP, Our Favorite

One of the easiest peppers to grow in our region, and one of the most versatile - delicious any way you prepare them: fresh in salads or crudities, fried with sausage or eggs, dried, or just plain eating out of hand like a carrot. Brought to Connecticut from the village of Ruoti in the Basilicata region of southern Italy in 1887 by Jimmy Nardello's mother.

**King of the North** OP

The large size, earliness and heavy yield make King of the North a variety that will give good yields of fine fruit even here in the Northeast. The plants are medium size, branching and literally covered with fruit. The flesh is thick, mild and sweet.

**Peacework** OP

Early red bell pepper developed by a farmer-breeder partnership including Peacework Farm and Cornell University. Small plants produce six peppers each on average with medium-thick walls, good flavor and full-bodied sweetness.

**EGGPLANT****Diamond** HL, OP

Kent Whealy brought this elongated slightly tapered dark purple eggplant back from the Ukraine in 1993. 2' plants set 2-1/2x7" slender 12 oz. fruits in clusters. Flesh firm has pleasing texture and lacks bitter taste.

**Ping Tung Long** F1 Hybrid

Long Chinese eggplant named for a town in Taiwan. Great for cooks who prefer to work with uniform slices. Vigorous stress-tolerant plants start producing early for a decent overall yield. Its light purple color is especially attractive if harvested before full maturity. As it approaches its full 11", its skin darkens but retains a pleasing sheen. Its sweetness will keep you coming back for more.

**Rosa Bianca** HL, OP

A gorgeous white-and-pink blushed, Italian heirloom variety with a delicate, mild flavor, creamy consistency, and no bitterness. Considered one of the best.

**Rosita** HL, OP

Plant produces good yields of beautiful 8" long by 4" wide pinkish-lavender eggplants. The white flesh is very sweet. Excellent for gourmet dishes. A variety from Puerto Rico.

**CUCURBITS****CUCUMBERS****Green Finger** OP, DR

Thin skin, exceptional flavor, and a small seed cavity. Beit alphas are similar to European slicers but shorter, averaging 8-10 inches. Excellent disease resistance. Developed by Cornell University.

**Lemon** Container, HL, OP, Trellis

The 3-4" round and lemon-yellow cucumbers are tender and sweet, excellent for salads and pickling. Normal-sized vines yield heavily and for a long time. This variety starts yielding 2 weeks later than other cucumbers, but they are worth the wait. An avid climber, it grows well on trellises.

**Little Leaf** Container, OP, Trellis

Blocky, medium-length fruits are good for fresh eating, they pickle well, and have a distinctive, bright emerald green color. Vines are compact, multi-branching and yield well even under stress. Half normal-sized leaves provide easy visibility and harvesting. Plants climb well; works well in containers.

**Marketmore 76** OP, Trellis

Marketmore 76 remains the most widely-planted open-pollinated slicing cukes in the US. The 8-9" dark green fruits stay green and mild tasting even under heat stress.

**National Pickle** OP, Trellis

National produces short thick cukes with blunt ends that are perfect for pickles and also delicious for slicing in salads. Cucumbers average 6" and are slightly tapered to fit nicely in a pickle jar. Skin is medium green with some striping. A heavy producer. Black spines. Developed by the National Pickle Packers Association.

**Silver Slicer** OP, Trellis

A creamy-white slicer with excellent flavor and lovely smooth skin. Some tolerance to Powdery Mildew.

## **WATERMELONS, MUSKMELONS, AND CANTELOPE**

**Cream of Saskatchewan Watermelon** HL, OP  
Originally from Russia, this watermelon has very sweet, crisp, white flesh and black seeds beneath a bright green rind with dark stripes. Fruits to 10 lbs. Cream of Saskatchewan does exceptionally well in colder climates like New England.

**Dakota Rose Watermelon** OP  
Developed in 1980. It matures early and produces 2–3 fruits per plant. One of the sweetest open-pollinated watermelons around, it has a thin skin, few seeds and stores longer than most others. A strong watermelon flavor augments its sugar rush.

**Moon and Stars Watermelon** HL, OP  
A great watermelon, with fine flavor, introduced by the Henderson seed company in 1926. The skin is deep green, speckled with hundreds of golden yellow stars and several half-dollar sized moons. Even the foliage has yellow 'stars'. The fruit is red-fleshed. Melons are medium sized (~25 pounds) and slightly oblong.

**Sugar Baby Watermelon** HL, OP  
10-12 lbs. A summertime treat, Sugar Baby sets an abundance flavorful fruit on compact vines. Thick, near black rinds at maturity. The quality and sweetness of the flesh is good, and the smaller overall size makes icebox cooling easy.

## **SUMMER SQUASH & ZUCCHINI**

**Alexandria Summer Squash** F1 Hybrid, DR  
Summer squash in June from direct seeding? You bet! Strong plants with semi-erect single stems and an open habit for easy picking. Cousa type. Resists ZYMV, WMV and tolerates PM.

**Benning's Green Tint Summer Squash** HL, OP  
A very pretty, pale green scalloped squash that is tender inside and out. They are ideal when 2-3 inches in diameter, with both an excellent flavor and a nice firm texture. Vigorous 3 to 4-foot bushes yield up to 15 squash during the season.

**Cocozelle Zucchini** OP  
Flavor is slightly nutty; milder than Costata but more flavorful than most zucchini. Evenly shaped, straight fruit with very slight ribbing over the lighter green striping. Bush plants are mostly single stemmed.

**Costata Romanesca Zucchini** HL, OP  
Distinctive Italian zucchini, prominently ribbed. Medium gray green, with pale green flecks and ribs. Big, large-leafed bush with only about half the yield of hybrids, but much better tasting; clearly better textured, nutty, and delicious, raw, or cooked.

**Dark Green Zucchini** OP  
Plant produces high yields of dark green zucchini. Excellent sliced, fried, steamed, or baked.

**Success Straight Summer Squash** OP, DR  
A major breakthrough in open pollinated summer squash. Prolific plants keep cranking right through powdery mildew season, producing smooth, uniform, and attractive fruit. First released by High Mowing Organic Seeds and the Cornell Vegetable Breeding Institute.

**Sunburst Summer Squash** F1 Hybrid  
Among the most attractive of the Patty Pans with its bright yellow skin, Sunburst has become a staple for gardeners and market growers alike since becoming an All-American Selections winner in 1985.

**Yellow Crookneck Summer Squash** HL, OP  
Deep yellow warted fruits with bulbous shape & narrow curved necks. Best when picked young. Likely grown by Native Americans; dates to 1700 & a standard in early 19th century American seed catalogs. The 1888 Burpee catalog described it as “covered with warty excrescences” but called the flavor “excellent.”

## WINTER SQUASH AND PUMPKINS

### **Baby Blue Hubbard** OP

For home gardeners with space limitations, this is a scaled-down version of Blue Hubbard was developed at the U. of New Hampshire from a 1953 cross between Blue Hubbard and Bush Buttercup. Baby Blue's vines are much more compact and its fruits much smaller (about 4–5 lbs).

### **Black Futsu** HL

Japanese squash: the fruit is flattened, round and has heavy ribbing. The black fruit will turn a rich chestnut color in storage. Flesh is golden color and has the rich taste of hazelnuts. Fruits are 3-8 lbs. each, and vines give huge yields.

### **Burgess Buttercup** OP

Introduced in 1932 by Burgess Seed & Plant Co. of Bloomington, Illinois. Buttercup has set the benchmark over the years for all other small winter squash. Flattened dark green turbans with a distinctive button on the blossom end. Typical fruits weigh 3-5 pounds. Super sweet, brilliant orange flesh with very fine eating qualities.

### **Burpee's Butterbush** HL

Deep red-orange flesh is rich and delicious. Space-saving, bush-type plants grow only 3 ft long. Each plant bears 4-5 butternut-shaped fruits averaging 1½ lbs. A sweet staple and a great source of vitamin A. This winter squash keeps for months and makes superb pie.

### **Dakota Dessert** HL, OP

This outstanding strain has been in David Podoll's family for 70 years. They have selected for color, taste, sweetness, vigor & hardiness in cold weather, as well as thick flesh, small seed cavities & higher productivity. They bake it into pies without using any other sweetener, but it is also a versatile main-dish squash. Withstands cold summers and all the temperature extremes of recent seasons, producing a lot of squash without skipping a beat.

### **Howden Pumpkin** OP, Storage

Thick, solid flesh is perfect for pies. Uniform shape makes excellent jack-o'-lanterns. Large fruits, up to 25 lbs. each, store well.

### **Long Island Cheese Pumpkin** HL, OP, Storage

Shaped like a large, home-made cheese wheel, this handsome squash has smooth skin and is gently ribbed. The color is similar to Butternut: tan skin with bright orange flesh. Squash average 20 lbs. each. Excellent for pies.

### **Red Kuri** HL, OP

These teardrop-shaped, strikingly red-orange squash from Japan have smooth, sweet, dry, deep orange flesh. The most reliable yield even in cool, short seasons. Fruits are 3-4 lb. size.

### **Spaghetti** HL, OP

Ivory colored changing to pale yellow at maturity. Bake like squash or boil and fork out the flesh, topping the "spaghetti" with your favorite sauce. 3-5 lb. oblong fruit. Avg. yield: 4-5 fruits/plant.

### **Table Queen Acorn** HL, OP, Storage

Introduced by the Iowa Seed Company in 1913. Table Queen winter squash is a green-shelled acorn squash. Fruits weigh about 2-3 pounds when mature. Very prolific vining type squash that will keep your root cellar full. Like most acorn squash Table Queen is a fantastic keeper.

### **Waltham Butternut** OP

This butternut was the result of years of patient refinement and selection by Bob Young of Waltham, MA. Prized for its straight necks, rich dry yellow-orange flesh, nutty flavor, and high-yielding vines. Fruits are 3-6 pounds and exceptional keepers. One of the most popular types of baking squash.

### **Winter Sweet Kabocha** F1 Hybrid, Storage, DR

Fruits avg. 4-5 lb., are light gray with a charcoal mottle, and the color resists fading. Flaky, sweet flesh. Best eating quality between 2 and 5 months after harvest. Avg. yield: 3-4 fruits/plant. Unusually good black rot resistance.

**Zeppelin Delicata** HL, OP

From 1894, the lovely ivory-colored oblong 1 lb. fruits with dark green stripes have the unsurpassed sweetness that gives Delicata its good reputation. In storage the green stripes turn a delicate orange and the cream background sometimes yellows.

## GREENS, ONIONS, & MORE

**Champion Collards** OP

Rich, dark blue green collard with large cabbage-like leaves. Plants are non-heading, productive, and hardy.

**Farao Cabbage** F1 Hybrid

Sweet and tender! Leaves are thin and juicy - perfect for stir-fries and egg rolls. Medium green leaves with a rosebud wrapper will make any garden or farmers' market table look stunning. Round heads average 3-4 lbs. and hold well in the summer heat.

**Fordhook Swiss Chard** OP

Broad white stems, leaves dark green and savoyed with white veins. The standard variety, introduced by Burpee in 1934.

**Forellenschluss (Troutback) Lettuce** HL, OP

Also known as Freckles or Trout Back, an heirloom from Arche Noah, the Austrian genetic preservation project. A gorgeous romaine with the delicate taste and texture of a butterhead, distinguished for its deep green leaves flecked with wine-red splotches.

**Nancy Lettuce** HL, OP

Sweet, tender Boston-style butterhead. Large heads hold well in the field, staying mild even as summer approaches.

**Nautic Brussels Sprouts** F-1 Hybrid, Disease Resistant

Disease resistant variety for a reliable crop. Vigorous and sturdy plants with widely-spaced sprouts minimize disease and make it easier to harvest individual sprouts. Strong Resistance to Fusarium Yellows, intermediate resistance to Black Rot.

**Sunset Swiss Chard**

**Piracicaba Sprouting Broccoli** OP, Favorite  
"Broccolini" type bred to withstand the hot climate of Brazil, this variety does well here in the Hudson Valley, producing a steady yield of florets from summer until frost. Better tasting than many hybrids. Very loose heads, lots of succulent side shoots, sweet stalks and leaves, delicious raw or lightly steamed.

**Skywalker Cauliflower** F-1 Hybrid  
Cold tolerant for late summer and fall harvest. Uniform, medium-size, self-wrapping heads on large, healthy plants.

**Lacinato Kale** HL, OP, Winter Hardy  
An heirloom that has been traced back to the 18th century. Very dark green wrinkled strap-like leaves appear almost black at a distance. Delicious and nutritious as well as adapted to a wide temperature range, its sweet mild flavor improves after frost.

**Rainbow Swiss Chard** OP  
Rainbow chard was sold by Thompson and Moran Seed co. in the early 1970s, but disappeared in the U.S. by the early 1980s. It was later discovered growing in Australia and introduced back to the market.

**Red Express Cabbage** OP  
It heads up quickly into neat and tidy little red cabbages, perfect for those who want a smaller portion. Uniform with very nice color, and much, much earlier than many other cabbage varieties.

**Red Russian Kale** HL, OP  
Called Buda Kale by Fearing Burr in 1863. Russian traders brought this Siberian heirloom to Canada in the 19th century. Its oakleaf foliage colors after fall frosts. Red and purple leaves change to dark green when cooked. Use soon after picking.

**Solstice Broccoli** OP  
Uniform heads and sweet, smaller in the summer and tastier in the fall even though they turn purple in frost. Solstice is noted for the zillion side shoots that follow the main head.

**White Russian Kale** HL, OP, Winter Hardy  
A flat-leaf Siberian type, silvery green with white veining. Similar to Red Russian, but a few inches taller, a third more productive, with larger, more serrated leaves. Also, much hardier than Red Russian, will hold into November without protection.

**Winterbor Kale** F1 Hybrid, Winter Hardy  
A standard Dutch-style curly green kale. The plants are tall, growing up to 2–3', with excellent yield and good cold hardiness. The ruffled blue-green leaves have an attractive curl. Vigorous plants will continue growing new leaves at the top as the lower leaves are harvested.

**Perfection Fennel** OP, Favorite  
All around good performer consistently reliable in cantankerous weather, from cool spring soils to hot summer temps. Pleasant anise flavor lends itself to soups and stews, or simply sauteed in butter.

**Aunt Molly's Ground Cherry** HL, Containers  
Polish heirloom variety has fine flavor - very sweet with a nice hint of tartness. 1/2-3/4-inch fruit is enclosed in a papery husk; fruit drops to the ground when fully ripe. High pectin content makes for excellent pies and preserves.

**Redwing Onion** F-1 Hybrid, Storage  
Uniform, large, thick-skinned onions with deep red color. Sweet and spicy red onion flavor. Hard bulbs store well.

**Conservor Shallots** HL, OP, Storage  
These shallots have a high, round shape and are suitable for long storage.

**New York Early Onion** HL, Local Variety, OP, Storage  
An early and dependable yellow onion selected to store until spring. Medium-sized round bulbs with attractive warm brown skin and white flesh mild enough to eat raw all winter. Milder and more tender than most yellow onions, but equally reliable in storage. Developed for direct seeding in the rich muck soils of Orange County, N.Y.

**Rossa Lunga Di Tropea Onion** HL, OP, Favorites  
AKA Red Long of Tropea. Considered the sweetest and most delicious onion by Italian chefs, this delectable heirloom onion hales from the Calabria region of Italy. Add to pizzas, sandwiches, salads, you name it! Harvest in mid/late summer as it reaches maturity. Use it soon after harvest, as it does not keep for long - it is an ephemeral treat of late summer.

**Cajun Jewel Okra** HL, OP  
A favorite in Cajun country since the 1950s. Dwarf-type, 2½-4 ft. tall spineless plants produce an early crop of tender 1 in. diameter pods up to 8 in. long. Good flavor.

**Monarch Celery** OP, DR, Hardy, Storage  
Plant produces uniform large round crisp white celery flavored roots. Also called Rooted Celery or Celery Knob. Excellent in soups and stews and used for making vegetable juice as well as shredded and used in salads with greens. Harvest late in summer. Stores well in crisper or root cellar.

**Verde Tomatillo** HL, OP  
Open-pollinated. Abundant producer of early maturing, large, flat-round green fruits. Use in salsa or Mexican cooking.

**Ventura Celery** OP  
Ventura takes the difficulty out of growing celery. Glossy bright green plants 28–30" tall have 12" stalks and well-developed hearts. Widely adapted. Develops beautiful thick crisp stalks with rich never-harsh flavor even in less-than-ideal conditions. Easy to grow as long as young plants receive adequate moisture, a necessity for steady growth - irrigate if necessary. Some tolerance to fusarium, but susceptible to boron deficiency.

# HERBS & FLOWERS

## FLOWERS

**Brocade Mix French Marigold** Annual, Beneficial Insect Friendly, OP

Abundant color on neat, compact 10" plants. Ruffled double flowers in rust, yellow, orange, red and bicolors. Attracts bees and other beneficial insects; helpful against soil nematodes.

**Resina Calendula** Annual, Beneficial Insect Friendly, OP

Excellent medicinal properties, used as an herbal application for inflammation and localized skin problems. Also used as an edible flower. This is the flower that Jay uses to make his Calendula Salve. Attracts beneficial insects; self-seeds readily.

**Dyer's Coreopsis Mix** Annual, Beneficial Insect Friendly, OP

Native plant. Abundant 1½ in. flowers with yellow petals and dark red centers. Attracts bees and birds. Yields a broad range of dye colors. Very narrow leaves, even on young plants. Self-sows readily; does well in meadow plantings.

**Florist Blue Boy Centaurea (Bachelor's Button/Cornflower)** Annual, Edible Flower, OP

Beautiful deep blue double and semi-double flowers atop upright plants. Prefers cool temperatures. Also known as cornflower, garden cornflower, and bachelor's buttons. Edible petals can be used to decorate cakes or brighten up salads.

**Empress of India Nasturtium** HL, Annual, Beneficial Insect Friendly, Edible Flower, OP  
Heirloom variety from 1884. Leaves, flowers, and stems edible. Dark purplish-green leaves make a perfect background for the spicy-hot brilliant crimson flowers, and contrast well with other nasturtium varieties. Very tender annual. For best blossoms do not over-fertilize.

**Cream Troika Nasturtium** Annual, Beneficial Insect Friendly, Edible Flower, Container, OP

Creamy-yellow flowers with brown centers. Plants mound to about 12" before spilling over and trailing up to 3'.

**Monstrosum Mix Strawflower** Annual, OP

Profuse bloomers for fresh or dried arrangements. Tall, well-branched plants produce pink, white, gold, and deep rose blooms. Good for border color and excellent for drying. Monstrosum varieties grow 30–40" tall, have 2–2½" fully double flowers. Annual.

**Scarlet Flame Zinnia** Annual, Beneficial Insect Friendly, OP

Deep scarlet blooms attract butterflies and hummingbirds. Great for cut flowers, attractive and sturdy. 30–36-inch plants.

**State Fair Mix Zinnia** Annual, Beneficial Insect Friendly, OP

Mix of larger bloom types and multi-colors, great for cut flowers. Old-fashioned variety bears a rich array of huge showy single and double blooms on 30" plants. Colors red, magenta, purple, orange, lavender and pink. Attracts beneficial insects and hummingbirds. Deadhead regularly to maintain flowering.

**Benary Giant Mix Zinnia** Annual, Beneficial Insect Friendly

Vigorous all-season bloomers hold up well in heat and rain. Densely petaled 6" blooms of deep red, orange, carmine rose, coral, lime, wine, purple, bright pink, white, salmon rose, scarlet, and golden yellow. A favorite of bees, butterflies, and hummingbirds.

**Soraya Sunflower** Annual, OP, Beneficial Insect Friendly

Large golden-yellow flowers on thick, sturdy stems. Branches are 35-48" and sport 4-6" blooms. May yield as many as 20-25 stems/plant. Day-length neutral, minimal pollen. Height 50–70 inches.

**Evening Sun Sunflower** Annual, OP, Beneficial Insect Friendly  
Six- to eight-foot-tall sunflower produces numerous 3-5" blossoms with vivid colors of bronze, russet, gold, red, burgundy and many bicolor blends. Attractive to honeybees and other pollinators.

**Sensation Mix Cosmos** Annual, OP, HL, Beneficial Insect Friendly  
Classic garden Cosmos with pink, lavender, maroon, magenta, and white single flowers, 3-4" across. AAS winner.

## HERBS

**Prospera Basil** F-1 Hybrid, DR  
Fast growing, high yielding hybrid Genovese-type Basil with resistance to downy mildew and fusarium diseases. Uniform plants with long stems are suitable for field, greenhouse, and container production.

**Genovese Basil** HL, OP High Yielding  
Great for Pesto! Of all the basil to grow, Genovese is one of the best - it can yield 7 to 8 cuttings each season and makes a very flavorful pesto.

**Lemon Basil** HL, OP  
Strong lemon flavor. Great for flavoring fish and fowl dishes. Native to Thailand and Southeast Asia and featured in those cuisines. We have used it fresh as a flavoring in muffins. Our lemon basil has also been used to flavor Zora Dora (in Beacon) ice cream.

**Deep Purple Basil** OP  
Beautiful purple leaves and flowers are great for adding a contrasting garnish. Use in salads or to color flavored vinegars.

**Sacred Basil (Tulsi)** Beneficial Insect Friendly  
Native to India; used in Indian & Thai cuisine. Spicier than other basil and quicker to go to seed, but still usable when covered with purple flowers. Strengthens the immune system and increases oxygen uptake in the brain. Used in Ayurvedic medicine as a poultice on acne, ringworm, eczema, and insect bites. Stands a bit more cold than other basil. Copious pollen and nectar loved by honeybees.

**Thai Basil** HL, OP  
Lends the distinctly strong licorice-anise basil flavor to Thai food. An attractive 12-18" fine-leaved plant with purple stems, seed heads and flowers. Good container plant as well.

**Krausa Curly Parsley** OP, Winter Hardy  
Standard early maturing double curled variety with rapid regrowth. The leaves are deeply cut and curled. Stems average 10 inches. Cold Hardy

**Sage** Beneficial Insect Friendly, OP Perennial  
Wonderfully aromatic gray green leaves used in soups, meat dishes, gravies, and stuffing. Sturdy, woody stems can be used as ornamental branches in floral wreaths. Beautiful lavender flowers in summer attract bees.

**German Chamomile** Annual, Beneficial Insect Friendly, OP  
Aromatic flowers make soothing tea for all seasons. Take a deep breath and unwind with the spherical, golden centers of chamomile blossoms. Soothing aroma and a profusion of tiny blooms. Use some fresh, & dry some for winter enjoyment. Annual but self-seeds readily, especially on compacted ground.

**Italian Parsley** OP, Winter Hardy  
Classic flat leaf variety for use either fresh or dried as a garnish or seasoning. Stems hold leaves upright for easy cutting.